



# Wootton St Peter's CE Primary School

## PSHE, SMSC and British Values Policy

## **How the Policy Developed**

At Wootton St Peter's School, the Governors and Headteacher have adopted the SEAL scheme of work for PSHE. Although it is not statutory, the school feel strongly about teaching PSHE alongside the new National Curriculum in England 2014.

*Whilst PSHE education remains a non-statutory subject, section 2.5 of the National Curriculum framework document states that:*

*'All schools should make provision for personal, social, health and economic education (PSHE), drawing on good practice.'*

This policy has been drafted by the PSHE and SMSC subject leader and agreed to by the Senior Leadership Team in consultation with all staff.

## **Links to Other Policies**

The Wootton St Peter's Primary School **PSHE/SMSC** Policy links to the following Wootton St Peter's Primary School policies:

- Child Protection and Safeguarding Policy
- Behaviour Policy
- Anti-Bullying Policy

## **School Values**

Following consultation with all stake holders in 2017 we revised our school values to link more closely with the life of St. Peter. Through his stories in the bible we will demonstrate:

- Compassion
- Generosity
- Perseverance

## **School beliefs**

We believe a child will:

- Be happy, fulfilled, confident and safe.
- Become equipped with the life skills to develop as a whole person through our enabling environment.
- Be able to build positive and meaningful relationships.
- Benefit from a nurturing, exhilarating environment in which they spread their wings to become global citizens reaching their full potential

## **Aims and Objectives**

At Wootton St Peter's school, we believe that education in PSHE and SMSC enables children to become healthier, more independent and more responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In doing

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so, we help to develop their sense of self-worth. We teach them how society is organised and governed. We ensure that the children experience the process of democracy through participation in the school Democratic Group. We teach children about their rights and their responsibilities. They learn to appreciate what it means to be a positive member of a diverse and multi-cultural society.

Our objectives in the teaching of PSHE and SMSC are for all of our children:

- to know and understand what is meant by a healthy lifestyle;
- to keep themselves and others safe;
- to understand what makes for good relationships with others;
- to respect the differences between people;
- to be thoughtful and responsible members of their school, the local community and the global community;
- to become active, positive members of our democratic society;
- to develop self-confidence and self-esteem;
- to make informed choices regarding personal and social issues;
- to know about economic well-being;
- to develop good relationships with other members of the community.

We want our children to:

- value the achievements they make, and the achievements of others;
- make informed choices about dealing with risks and meeting challenges now and in the future;
- uphold our school values and further develop their own set of values by which they want to live their lives.

### **Methods of approach**

A variety of teaching and learning strategies are used to deliver the PSHE scheme of work which take into account pupil's age, development, understanding and needs. Pupils will need to work in a safe, secure climate to be able to explore their own and other's attitudes, values and skills. Effective PSHE lessons will involve a high level of interaction where each pupil has planned opportunities for learning through:

- the development of a trusting relationship between the teacher and the pupils enabling the consideration of sensitive issues to take place;
- collaborative work;
- circle time activities;
- opportunities for reflection;
- challenge within in a safe environment;
- respect for each genuinely made contribution;
- negotiation;
- accommodating new information and skills;
- building on current experience and use first-hand learning to achieve positive ends.

### **PSHE and SMSC curriculum planning**

PSHE is timetabled weekly in class and SMSC is embedded throughout the curriculum. Sometimes, we teach PSHE in a discrete subject, for example drug usage. On other occasions, it is taught through

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cross-curricular opportunities, for example Relationship and Sex Education within science. In addition to this we provide enrichment activities to support the curriculum such as: Anti-Bullying Week etc. Our residential trips also make an important contribution to the pupil's PSHE and SMSC development. Collective worship supports the delivery of PSHE and SMSC through planned themes and are used to discuss themes, for example aspirations and respect.

### **Early Years Foundation Stage**

We teach PSHE and SMSC in reception classes as an integral part of our topic work and the Early Years Foundation Stage. As the reception class is part of the Foundation Stage, we relate the PSHE and SMSC aspects of the children's work to the objectives set out in the Early Learning Goals (ELG's). Our teaching in PSHE and SMSC matches the aim of the developing a child's personal, emotional and social development as set out in the ELG's. This area of learning is about emotional well-being, knowing who you are and where you fit and feeling good about yourself. It develops respect for others, social competence and a positive outlook to learn.

### **KS1 and KS2**

We teach PSHE and SMSC in KS1 and KS2 as an integral part of our topic work and the National Curriculum. Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson.

### **British Values**

At Wootton St Peter's school, pupils are encouraged to regard people of all faiths, races and cultures with respect and tolerance. It is expected that all children will understand that while different people may hold different views about what is 'right' and 'wrong', all people living in England are subject to its law. Teaching will support the rule of English civil and criminal law. Pupils will be made aware of the difference between the law of the land and religious law.

Through our provision of SMSC and PSHE, Wootton St Peter's school will:

- enable pupils to develop their self-knowledge, self-esteem and self-confidence;
- enable students to distinguish right from wrong and to respect the civil and criminal law of England;
- encourage pupils to accept responsibility for their behaviour, show initiative, and to understand how they can contribute positively to the lives of those living and working in the locality of the school and to society more widely;
- enable pupils to acquire a broad general knowledge of and respect for the public institution and service in England;
- further tolerance and harmony between different cultural traditions by enabling pupils to acquire an appreciation of and respect for their own and other cultures;
- encourage respect for other people;
- encourage respect for democracy and support for participation in the democratic processes, including respect for the basis on which law is made and applied in England.

As a result the pupils will:

- have an understanding of how citizens can influence decision-making through the democratic process;
- have an appreciation that living under the law protects individual citizens and is essential for their wellbeing and safety;
- have an understanding that there is a separation of power, while some public bodies such as the police and the army can be held to account through parliament, other such as the courts maintain independence;
- an understanding that the freedom to choose and hold other faiths and beliefs is protected in law,
- an acceptance that other people having different faiths and beliefs to oneself (or having none) should be accepted and tolerated, and should not be the cause of prejudicial or discriminatory behaviour;
- have an understanding of the importance of identifying and combating discrimination.

Wootton St Peter's will enhance the teaching of British Values through:

- Visits to The Junior Citizenship & IMPS programme for Year 6;
- use opportunities such as the general or local election to hold mock elections to promote fundamental British Values and provide pupils with the opportunity to learn how to argue and defend points of view;
- a range of teaching resources from a wide variety of sources to help pupils understand a range of faiths;
- demonstrating how democracy works by actively promoting democracy process such as a democratic group whose members include the whole school so all can vote;
- materials on the strengths, advantages and disadvantages of democracy, and how democracy and the law worked in Britain, in contrast to other forms of government in other countries;
- discussions and meetings with our local MP or Community Support Officer;
- promote British Values such as mutual respect and honesty through our themed values that we share each half term. These are conveyed through collective worship or within classes.

### **PSHE and SMSC and inclusion**

- We teach PSHE and SMSC to all children, regardless of their ability. Our teachers provide learning opportunities matched to individual needs of all children. Where children have a special educational need, intervention may be required. When teaching PSHE and SMSC, teachers take into account the targets set for the children in their intervention, some of which may be directly related to PSHE and SMSC targets.
- For our more able pupils, teachers will provide additional opportunities to take responsibility, develop leadership skills, think creatively and use their talents for the good of the class, school or the wider community.

### **Visiting speakers**

- Visiting speakers from the community, charities or organisations, e.g. road safety officers, NSPCC speakers, Barnabas in Schools and fire officers make a valuable contribution to the PSHE and SMSC scheme of work. Their input is carefully planned and monitored so as to fit into and complement the programme.

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- Teachers are always present during these sessions and remain responsible for the delivery of the PSHE scheme of work.

*"I enjoyed the NSPCC assembly because it told us about caring and when we were in class we were talking about good touching and bad touching."*

*A comment from a year 2 child after receiving a visit from the NSPCC*

### **PSHE and SMSC and ICT**

At Wootton St Peter's ICT makes a contribution to the teaching of PSHE and SMSC in that children develop a sense of global citizenship by using the internet.

The children are taught about the dangers of inappropriate internet use and are advised of safe behaviours to assume when using the internet and other technologies such as tablets. Through assemblies, workshops and discussion of safety and other issues related to electronic communication, the children develop their own view about the use and misuse of ICT.

### **Assessment for Learning**

There are no attainment targets for PSHE education. Wootton St Peter's will aim to continue to make use of the PSHE Association's programme of study for personal, social, health and economic (PSHE) education. It was written to sit alongside the pre 2014 National Curriculum with strands covering key areas which are still relevant in the rapidly changing world in which our pupils live and learn today. (see appendices.)

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. Children will be involved in self-assessment e.g. talking about their own experiences, making comments about others points of views and in achievement/ class assemblies.

We do not set formal examinations in PSHE and SMSC. The assessments that we make of pupil achievements are positive and record achievement in the widest sense. General comments about SMSC will be discussed during parent's evenings.

### **Monitoring and Evaluation**

The quality of provision will be monitored by the PSHE/SMC coordinator using a range of monitoring strategies. Evidence from monitoring would be shared with all teachers where discussions on changes or improvements would be agreed.

Policy updated January 2019

Policy review due January 2021

Head Teacher:..... Date: .....

Chair of Governors: ..... Date: .....

## **Appendices**

During Key Stages 1 and 2, PSHE education offers both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE education helps pupils to cope with the changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.

### **CORE THEME 1: HEALTH AND WELLBEING**

*This core theme focuses on:*

- 1.** what is meant by a healthy lifestyle
- 2.** how to maintain physical, mental and emotional health and wellbeing
- 3.** how to manage risks to physical and emotional health and wellbeing
- 4.** ways of keeping physically and emotionally safe
- 5.** about managing change, including puberty, transition and loss
- 6.** how to make informed choices about health and wellbeing and to recognise sources of help with this
- 7.** how to respond in an emergency
- 8.** to identify different influences on health and wellbeing

Suggested learning opportunities - Core Theme 1. Health and wellbeing

### **KEY STAGE 1**

**Pupils should have the opportunity to learn:**

- H1.** what constitutes, and how to maintain, a healthy lifestyle including the benefits of physical activity, rest, healthy eating and dental health
- H2.** to recognise what they like and dislike, how to make real, informed choices that improve their physical and emotional health, to recognise that choices can have good and not so good consequences
- H3.** to think about themselves, to learn from their experiences, to recognise and celebrate their strengths and set simple but challenging goals
- H4.** about good and not so good feelings, a vocabulary to describe their feelings to others and to develop simple strategies for managing feelings
- H5.** about change and loss and the associated feelings (including moving home, losing toys, pets or friends)
- H6.** the importance of, and how to, maintain personal hygiene
- H7.** how some diseases are spread and can be controlled; the responsibilities they have for their own health and that of others; to develop simple skills to help prevent diseases spreading
- H8.** about the process of growing from young to old and how people's needs change
- H9.** about growing and changing and new opportunities and responsibilities that increasing independence may bring

- H10.** the names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls
- H11.** that household products, including medicines, can be harmful if not used properly.
- H12.** rules for and ways of keeping physically and emotionally safe including responsible ICT use and online safety, road safety, cycle safety and safety in the environment, rail, water and fire safety
- H13.** about people who look after them, their family networks, who to go to if they are worried and how to attract their attention
- H14.** about the ways that pupils can help the people who look after them to more easily protect them
- H15.** to recognise that they share a responsibility for keeping themselves and others safe, when to say, 'yes', 'no', 'I'll ask' and 'I'll tell' including knowing that they do not need to keep secrets
- H16.** what is meant by 'privacy'; their right to keep things 'private'; the importance of respecting others' privacy

## KEY STAGE 2

### **Building on Key Stage 1, pupils should have the opportunity to learn:**

- H1.** what positively and negatively affects their physical, mental and emotional health
- H2.** how to make informed choices (including recognising that choices can have positive, neutral and negative consequences) and to begin to understand the concept of a 'balanced lifestyle'
- H3.** to recognise opportunities and develop the skills to make their own choices about food, understanding what might influence their choices and the benefits of eating a balanced diet
- H4.** to recognise how images in the media (and online) do not always reflect reality and can affect how people feel about themselves
- H5.** to reflect on and celebrate their achievements, identify their strengths and areas for improvement, set high aspirations and goals
- H6.** to deepen their understanding of good and not so good feelings, to extend their vocabulary to enable them to explain both the range and intensity of their feelings to others
- H7.** to recognise that they may experience conflicting emotions and when they might need to listen to, or overcome these
- H8.** about change, including transitions (between key stages and schools), loss, separation, divorce and bereavement
- H9.** to differentiate between the terms, 'risk', 'danger' and 'hazard'
- H10.** to recognise, predict and assess risks in different situations and decide how to manage them responsibly (including sensible road use and risks in their local environment) and to use this as an opportunity to build resilience
- H11.** to recognise how their increasing independence brings increased responsibility to keep themselves and others safe
- H12.** that bacteria and viruses can affect health and that following simple routines can reduce their spread
- H13.** how pressure to behave in unacceptable, unhealthy or risky ways can come from a variety of sources, including people they know and the media

**H14.** to recognise when they need help and to develop the skills to ask for help; to use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable or anxious or that they think is wrong

**H15.** school rules about health and safety, basic emergency aid procedures, where and how to get help.

**H16.** what is meant by the term 'habit' and why habits can be hard to change

**H17.** which, why and how, commonly available substances and drugs (including alcohol, tobacco and 'energy drinks') can damage their immediate and future health and safety; that some are restricted and some are illegal to own, use and give to others

**H18.** how their body will, and their emotions may, change as they approach and move through puberty

**H19.** about human reproduction

**H20.** about taking care of their body, understanding that they have the right to protect their body from inappropriate and unwanted contact; understanding that actions such as female genital mutilation (FGM) constitute abuse and are a crime, and develop the skills and strategies required to get support if they have fears for themselves or their peers

**H21.** strategies for keeping physically and emotionally safe including road safety (including cycle safety), and safety in the environment (including rail, water and fire safety)

**H22.** strategies for keeping safe online; the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others

**H23.** about people who are responsible for helping them stay healthy and safe; how they can help these people to keep them healthy and safe

**H24.** the responsible use of mobile phones: safe keeping (looking after it) and safe user habits (time limits, use of passcode, turning it off at night etc.)

**H25.** how to manage requests for images of themselves or others; what is and is not appropriate to ask for or share; who to talk to if they feel uncomfortable or are concerned by such a request.

## CORE THEME 2: RELATIONSHIPS

*This core theme focuses on:*

1. how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts
2. how to recognise and manage emotions within a range of relationships
3. how to recognise risky or negative relationships including all forms of bullying and abuse
4. how to respond to risky or negative relationships and ask for help
5. how to respect equality and diversity in relationships

Suggested learning opportunities - Core Theme 2.

Relationships

## KEY STAGE 1

**Pupils should have the opportunity to learn:**

**R1.** to communicate their feelings to others, to recognise how others show feelings and how to respond

**R2.** to recognise that their behaviour can affect other people

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- R3.** the difference between secrets and nice surprises (that everyone will find out about eventually) and the importance of not keeping any secret that makes them feel uncomfortable, anxious or afraid
- R4.** to recognise what is fair and unfair, kind and unkind, what is right and wrong
- R5.** to share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class
- R6.** to listen to other people and play and work cooperatively (including strategies to resolve simple arguments through negotiation)
- R7.** to offer constructive support and feedback to others
- R8.** to identify and respect the differences and similarities between people
- R9.** to identify their special people (family, friends, carers), what makes them special and how special people should care for one another
- R10.** to judge what kind of physical contact is acceptable, comfortable, unacceptable and uncomfortable and how to respond (including who to tell and how to tell them)
- R11.** that people's bodies and feelings can be hurt (including what makes them feel comfortable and uncomfortable)

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- R12.** to recognise when people are being unkind either to them or others, how to respond, who to tell and what to say
- R13.** to recognise different types of teasing and bullying, to understand that these are wrong and unacceptable
- R14.** strategies to resist teasing or bullying, if they experience or witness it, whom to go to and how to get help

## KEY STAGE 2

### **Building on Key Stage 1, pupils should have the opportunity to learn:**

- R1.** to recognise and respond appropriately to a wider range of feelings in others
- R2.** to recognise what constitutes a positive, healthy relationship and develop the skills to form and maintain positive and healthy relationships.
- R3.** to recognise ways in which a relationship can be unhealthy and whom to talk to if they need support
- R4.** to recognise different types of relationship, including those between acquaintances, friends, relatives and families
- R5.** that civil partnerships and marriage are examples of a public demonstration of the commitment made between two people who love and care for each other and want to spend their lives together and who are of the legal age to make that commitment
- R6.** that marriage is a commitment freely entered into by both people, that no one should marry if they don't absolutely want to do so or are not making this decision freely for themselves
- R7.** that their actions affect themselves and others
- R8.** to judge what kind of physical contact is acceptable or unacceptable and how to respond
- R9.** the concept of 'keeping something confidential or secret', when they should or should not agree to this and when it is right to 'break a confidence' or 'share a secret'
- R10.** to listen and respond respectfully to a wide range of people, to feel confident to

raise their own concerns, to recognise and care about other people's feelings and to try to see, respect and if necessary constructively challenge others' points of view

**R11.** to work collaboratively towards shared goals

**R12.** to develop strategies to resolve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves

**R13.** that differences and similarities between people arise from a number of factors, including family, cultural, ethnic, racial and religious diversity, age, sex, gender identity, sexual orientation, and disability (see 'protected characteristics' in the Equality Act 2010)

**R14.** to realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours (including cyber bullying, use of prejudice-based language, 'trolling', how to respond and ask for help)

**R15.** to recognise and manage 'dares'

**R16.** to recognise and challenge stereotypes

**R17.** about the difference between, and the terms associated with, sex, gender identity and sexual orientation

**R18.** how to recognise bullying and abuse in all its forms (including prejudice-based bullying both in person, online and through social media)

**R19.** that two people who love and care for one another can be in a committed relationship and not be married or in a civil partnership

**R20.** that forcing anyone to marry is a crime; that support is available to protect and prevent people from being forced into marriage and to know how to get support for them self or others

**R21.** to understand personal boundaries; to identify what they are willing to share with their most special people; friends; classmates and others; and that we all have rights to privacy.

### CORE THEME 3: LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING AND BEING A RESPONSIBLE CITIZEN)

*This core theme focuses on:*

**1.** about respect for self and others and the importance of responsible behaviours and actions

**2.** about rights and responsibilities as members of families, other groups and ultimately as citizens

**3.** about different groups and communities

**4.** to respect diversity and equality and how to be a productive member of a diverse community

**5.** about the importance of respecting and protecting the environment

**6.** about where money comes from, keeping it safe and the importance of managing it effectively

**7.** the part that money plays in people's lives

**8.** a basic understanding of enterprise

*\*It is important to read this section alongside any guidance produced by citizenship education organisations such as the [Association for Citizenship Teaching](#).*

## Suggested learning opportunities - Core Theme 3. Living in the wider world

### KEY STAGE 1

#### **Pupils should have the opportunity to learn:**

- L1.** how they can contribute to the life of the classroom and school
- L2.** to help construct, and agree to follow, group, class and school rules and to understand how these rules help them
- L3.** that people and other living things have rights and that everyone has responsibilities to protect those rights (including protecting others' bodies and feelings; being able to take turns, share and understand the need to return things that have been borrowed)
- L4.** that they belong to different groups and communities such as family and school
- L5.** what improves and harms their local, natural and built environments and develop strategies and skills needed to care for these (including conserving energy)
- L6.** that money comes from different sources and can be used for different purposes, including the concepts of spending and saving
- L7.** about the role money plays in their lives including how to keep it safe, choices about spending or saving money and what influences those choices
- L8.** ways in which they are all unique; understand that there has never been and will never be another 'them'
- L9.** ways in which we are the same as all other people; what we have in common with everyone else
- L10.** about the 'special people' who work in their community and who are responsible for looking after them and protecting them; how people contact those special people when they need their help, including dialling 999 in an emergency.

### KEY STAGE 2

#### **Building on Key Stage 1, pupils should have the opportunity to learn:**

- L1.** to research, discuss and debate topical issues, problems and events that are of concern to them and offer their recommendations to appropriate people
- L2.** why and how rules and laws that protect them and others are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules
- L3.** to understand that there are basic human rights shared by all peoples and all societies and that children have their own special rights set out in the [United Nations Declaration of the Rights of the Child](#)
- L4.** that these universal rights are there to protect everyone and have primacy both over national law and family and community practices
- L5.** to know that there are some cultural practices which are against British law and universal human rights, such as female genital mutilation (FGM)
- L6.** to realise the consequences of anti-social, aggressive and harmful behaviours such as bullying and discrimination of individuals and communities; to develop strategies for getting support for themselves or for others at risk
- L7.** that they have different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment; to continue to develop the skills to exercise these responsibilities
- L8.** to resolve differences by looking at alternatives, seeing and respecting others' points

of view, making decisions and explaining choices

**L9.** what being part of a community means, and about the varied institutions that support communities locally and nationally

**L10.** to recognise the role of voluntary, community and pressure groups, especially in relation to health and wellbeing

**L11.** to appreciate the range of national, regional, religious and ethnic identities in the United Kingdom

**L12.** to consider the lives of people living in other places, and people with different values and customs

**L13.** about the role money plays in their own and others' lives, including how to manage their money and about being a critical consumer

**L14.** to develop an initial understanding of the concepts of 'interest', 'loan', 'debt', and 'tax' (e.g. their contribution to society through the payment of VAT)

**L15.** that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment across the world

**L16.** what is meant by enterprise and begin to develop enterprise skills

**L17.** to explore and critique how the media present information

**L18.** to critically examine what is presented to them in social media and why it is important to do so; understand how information contained in social media can misrepresent or mislead; the importance of being careful what they forward to others.