

## Your School Lunch

AVAILABLE DAILY - natural yogurt with toppings, chopped fresh fruit, fresh bread, salad bar and lots of fresh water!

Week One - 4<sup>th</sup> November 25<sup>th</sup> November 16<sup>th</sup> December 6<sup>th</sup> January, 27<sup>th</sup> January, 24<sup>th</sup> February, 16<sup>th</sup> March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Chicken Pizza	Italian Style Meatballs in a Fresh Tomato Sauce	Roast British Pork with Apple Sauce	Beef Bolognese	Golden Fish Fingers
Margherita Pizza (v)	Chickpea & Butternut Squash Curry (v)	Quorn Roast (v)	Veggie Meatballs in a Fresh Tomato Sauce (v)	Homemade Veggie Sausage Roll (v)
Jacket Potato with Tuna	Smoked Ham & Cheese Bap	Pasta Pot with Tuna	Egg & Cress Roll (v)	Cheese and Cucumber Bap
Carrots & Peas	Rice	Roast Potatoes, Yorkshire Pudding, Cauliflower, Carrots & Gravy	Pasta	Chips or Pasta
Chocolate Mandarin Brownie	Sweetcorn & Broccoli	Flapjack with Orange Wedges	Green Beans & Corn on the Cob	Garden Peas or Baked Beans
	Lemon & Ginger Cookie		Apple Slice	Ice Cream with fruit

Week Two - 11<sup>th</sup> November, 2<sup>nd</sup> December, 13<sup>th</sup> January, 3<sup>rd</sup> February, 2<sup>nd</sup> March, 23<sup>rd</sup> March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meat Feast Pizza	Beef Lasagne	Roast British Gammon	Chicken Pie	Crispy Bubble Battered Fish Fillet
Margherita Pizza (v)	Spanish Frittata (v)	Quorn Roast (v)	Macaroni Cheese (v)	Autumn Vegetable Quiche (v)
Baked Jacket Potato with Beans	Tuna Roll	Tuna and Sweetcorn Pasta Pot (v)	Ham & Tomato Roll	Cheese & Cucumber Bap
Baked Corn on the Cob	Garlic Bread	Roast Potatoes, Yorkshire Pudding, Gravy	New Potatoes	Chips or Pasta
Winter Slaw & Garden Peas	Sweetcorn & Green Beans	Winter Greens & Carrots	Broccoli & Sweetcorn	Garden Peas or Baked Beans
Peach Traybake	Shortbread & Orange Wedges	Crispy Cake with Pineapple	Banana Loaf	Frozen Fruit Yoghurt

Week Three - 18<sup>th</sup> November 9<sup>th</sup> December 20<sup>th</sup> January 10<sup>th</sup> February 9<sup>th</sup> March 30<sup>th</sup> March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ham & Sweetcorn Pizza	All Day Breakfast (Sausage, Bacon, Omelette)	Roast Chicken with Sage & Onion Stuffing	Beef Casserole with Dumplings	Harry Ramsden Battered Fish with Lemon Wedges
Margherita Pizza (v)	Veggie All Day Breakfast (Quorn Sausage, Grilled Halloumi, Omelette) (v)	Quorn Roast (v)	Veggie Bolognese (v)	Veggie Curry Puff (v)
Baked Jacket Potato with Cheese & Crunchy Coleslaw (v)	Tuna Melt Bap	Warm Pasta Pot with Ham	BLT Bap	Chicken Mayo Bap
Roasted Corn on the Cob	Beans	Roast Potatoes, Yorkshire Pudding, Gravy	Sweetcorn & Broccoli	Chips or Pasta
Garden Peas & Carrots	Strawberry Yoghurt with a Crunchy Topping	Cauliflower & Carrots	Melting Moment with Peach Slices	Garden Peas or Baked Beans
Cranberry Oat Cookie		Cornflake Crispy Slice		Frozen Fruit Yoghurt

Allergy Advice – all food is prepared in a kitchen where nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources.

Suitable for vegetarians or vegetarian option available.

Our fish and chicken dishes may contain bones.

